Disability and Shame Special Issue Forum: Creative Works

Liminality

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Abstract: The shame surrounding the construct of disability strikes at the very context of an individual's soul. The overcoming of shame associated with a learning disability diagnosis is a journey. To be free requires the inner looking into the core of self, once viewed and acknowledged healing enters. In this journey the individual is held by hands greater than their own. The path of healing is an individual passage and choice.

Liminality

Wraps the tide,

Passing through my fingertips.

Slowly and gently,

After weeks,

Of rough seas,

Hard fought dreams,

And mixed memories.

Drought filled,

Writing weeks,

And cried tears.

This gray state,

Continues to challenge,

Sweeping past,

Inner victories,

And passed over notions,

Of grace handed,

And grace received.

For the foundation of self,

Ever is it changing.

Invited guests,

Challenge the circumference,

Of an ever- widening circle.

My soul calls,

Home.

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