

Disability and Shame
Special Issue Forum: Creative Works

RELDEASE!

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Abstract: The poem, *RELDEASE!*, is the fifth of five Learning Disability poems about my Learning Disability shame at my intersections of power and identity in educational contexts as critical autoethnographic texts.

RELDEASE!

RELDEASE!

RE-EASE!

RE-EASE LD CULTURAL-HISTORICAL AND TRAUMA ENERGY!

RE-*LD*-EASE SHAME!

RELEASE **IT/LD SHAME** BY BEING YOU!

RELEASE **IT/LD SHAME** BY BEING COURAGEOUS!

RELEASE **IT/LD SHAME** BY WRITING YOUR TRUTH, YOUR SPIRIT, YOUR OWN
NARRATIVE ABOUT YOUR ABILITIES AND CAPABILITIES!

RELEASE **IT/LD SHAME** BY REMAKING YOURSELF IN YOUR OWN IMAGE, NOT
THE SOCIAL CONSTRUCTION OF LD, LD EMOTIONS SUCH AS LD SHAME NO
MORE!

FREEDOM!

FREEDOM!

FREEDOM!

FREEDOM FROM LD SHAME OPPRESSION!


RELEASE LD SHAME!

HEAL FROM LD SHAME!

TRANSCEND FROM LD SHAME!

NO MORE LD SHAME = YOU!

David I. Hernández-Saca, PhD, is an assistant professor at the University of Northern Iowa and the nucleus of his research agenda is problematizing the common sense assumptions of what learning disabilities are as it relates to the following lines of research: 1) the emotional impact of learning disability labeling on conceptions of self; 2) the role of emotions and affect in teacher learning about social justice issues, and 3) transition plans and programming for historically marginalized youth with disabilities at their intersections and their families.

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